

# JANUARY 2023

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2	3	4	5	6	7
9:30 COFFEE SOCIAL 10:30 WORKOUTS 12:00 LUNCH 1:00 ROOM VISITS 2:30 RELGION SERVICES 6:30 INDEPENDENT ACTIVITIES  HAPPY NEW YEAR	9:30 COFFEE SOCIAL 10:30 WORKOUT 1:00 ROOM VISITS 2:30 BIBLE STUDY 6:30 BINGO	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 MEDITATION 6:30 ZOOM BIBLE STUDY	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 POETRY SOCIAL 6:30 BINGO	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 DESSERT SOCIAL 6:30 LIFE SKILLS SOCIAL	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 COMEDY MOVIE 6:30 ASSORTED GAMES	9:30 COFFEE SOCIAL 10:30 WORKOUTS 12:00 LUNCH 1:00 ROOM VISITS 2:30 SUPER SATURDAY 6:30 INDEPENDENT ACTIVITIES
8	9	10	11	12	13	14
9:30 COFFEE SOCIAL 10:30 WORKOUTS 12:00 LUNCH 1:00 ROOM VISITS 2:30 RELGION SERVICES 6:30 INDEPENDENT ACTIVITIES	9:30 COFFEE SOCIAL 10:30 WORKOUT 1:00 ROOM VISITS 2:30 BIBLE STUDY 6:30 BINGO	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 GAME DAY 6:30 ZOOM BIBLE STUDY	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 ICE CREAM SOCIAL 6:30 BINGO	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 MAINCURES AND MUSIC 6:30 LIFE SKILLS SOCIAL	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 NETFLIX AND CHILL 6:30 BINGO	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 BINGO 6:30 INDEPENDENT ACTIVITIES
15	16	17	18	19	20	21
9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 RELIGION SING A LONG 6:30 INDEPENDENT ACTIVITIES	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 LET'S MOVE AND GROOVE WITH ENTERTAINMENT 6:30 ASSORTED GAMES  <b>Dr. Martin Luther King Jr.Day</b>	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 BIBLE STUDY 6:30 ZOOM BIBLE STUDY	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 RESIDENT COUNCIL 6:30 BINGO	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 NATIONAL POPCORN DAY 6:30 LIFE SKILLS SOCIAL	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 DRIVE INN MOVIE 6:30 ASSORTED GAMES	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 SUPER SATURDAY 6:30 INDEPENDENT ACTIVITIES
22	23	24	25	26	27	28
9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 RELIGION/ DISCUSSION 6:30 INDEPENDENT ACTIVITIES	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 BIBLE STUDY 6:30 ASSORTED GAMES  <b>ACTIVITY</b>	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 ARTS AND CRAFTS 6:30 ZOOM BIBLE STUDY	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 FOOD COMMITTEE/BINGO 6:30 ARTS& CRAFTS	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 BIRTHDAY SOCIAL 6:30 LIFE SKILLS SOCIAL  <b>PROFESSIONAL</b>	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 NETFLIX AND CHILL 6:30 ASSORTED GAMES  <b>WEEK</b>	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 BINGO 6:30 INDEPENDENT ACTIVITIES
29	30	31				
9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 RELIGION/ GAMES 6:30 INDEPENDENT ACTIVITIES	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30 BIBLE STUDY 6:30 ASSORTED GAMES	9:30 COFFEE SOCIAL 10:30 WORKOUT 12:00 LUNCH 1:00 ROOM VISITS 2:30/ENTERTAINMENT/ W HOT CHOCOLATE BAR 6:30 ZOOM BIBLE STUDY		ACTIVITY PROFESSIONAL WEEK 1/23 THRU 1/27		

**Preferred Care**  
**@**  
**Mercer**

**ALL ACTIVITIES FOR THE LONG TERM AND SUB ACUTE UNIT WILL TAKE PLACE IN THE MAIN DINING ROOM**

**ALL ACTIVITIES ARE SUBJECT TO CHANGE**

**BANKING HOURS 8A.M. UNTIL 8P.M. MONDAY-SUNDAY**